

# Review Club

VOLUME 26 - Issue 7, 2013

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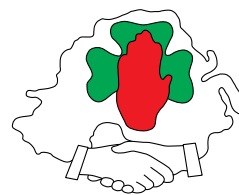
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## Minutes of the executive meeting

Held in the Whitehouse WMC,  
on Saturday 12th October 2013



The Federation executive committee were welcomed to the Whitehouse WMC by Mr Stephen Armstrong of P&F Amusements, who had arranged hospitality upon arrival.

The Chairman, John Davidson, opened the meeting following which he invited the Secretary, Bob McGlone, to read the minutes of the previous meeting. The said minutes were subsequently proposed by Gerry and seconded by Tommy McMinn.

An aspect of the minutes was raised in respect to the barring

of a guest. It was suggested that any such action should be expanded upon to include the terminology 'refused entry'.

North West representative Gerry Gallagher asked if paying green fees at a golf club afforded any temporary membership rights. This is something which comes up from time to time, the answer to which is, no rights are afforded.

The Chairman suggested that the Annual Dinner & Dance event has run its course, particularly in view of the financial difficulties faced by

clubs. He continued to suggest that the Federation continues its focus on lobbying local Government. In addition, it was suggested that the Federation reinstate a series of area meetings.

The Chairman continued to state that he wished to arrange a meeting with the Minister, Nelson McCausland, through his P.A. Loan Quinn. The purpose of the meeting is to discuss the anticipated timescale for the further amendments to the Clubs Order by the Minister.

Fire regulations were discussed, in respect of entertainment licenses, which will not be granted without a fire risk assessment being put in place. The entire range of requirements will be tabled for discussion at a planned meeting with Belfast City Council. It will also be discussed at the meeting of CORCA in London on 30th October 2013 as a means of comparing requirements in the remainder of the UK.

The Treasurer, David Larmour, provided a detailed financial report which was passed as a true record of our current financial standing.

The P.R.O. tabled a request from Gillian Creevy, Chief Executive of the N.I. Cancer Fund for Children, who are building a new state-of-the-art respite facility at Shimna Valley in Newcastle, County Down.

The request seeks the Federation's support in lobbying the Stormont Assembly for a small allocation of the funding previously allocated for development at the Maze. Although it may be difficult to obtain this much needed funding the Executive Committee nevertheless had no hesitation in supporting the said request.

The Chairman closed the meeting by thanking the Management Committee of Whitehouse WMC and Mr Pat Quinn, Managing Director, P&F Amusements, and representative, Stephen Armstrong, for the hospitality provided prior to and following the meeting.

Bob McGlone  
Secretary,  
N.I. Federation of Clubs

*The next Executive Committee meeting is scheduled to be held at 10am on 9th November 2013 in West Belfast HPS.*

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# Complacency is the enemy

## Your chairman asks you to support our associated suppliers

Be in no doubt – whilst we are reminded about the green shoots of recovery, we are nevertheless still suffering the effects of an economic decline.

We have said continually that complacency is the enemy of business and this has never been more true than in the present day.

The N.I. Federation of Clubs, supported by it's members, has achieved much by way of securing amendments to the legislation governing the registered club sector, and we are confident that the further consultation initiated by Minister McCausland, and subsequent meetings arranged

with MLA's and the DSD Committee, will secure yet more improvements.

However, it is of the utmost importance that we work together with everyone, members, suppliers and government alike.

It is interesting to note that in the latest issue of the CIU's Club Journal magazine, they highlight this very same subject in comments such as 'The Union's Support Is Needed More Than Ever'.

Similar to our CIU colleagues on the mainland, many club secretaries are, or have been, long-serving club officials and

know the problems clubs are faced with in the present day.

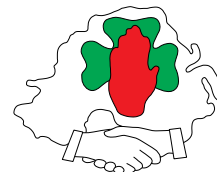
As a Federation, we have secured beneficial club insurance rates through Rollins Club Insurance, which includes all the aspects required to provide full protection. Yet we continue to receive helpline enquiries regarding individual club policies which seem similar, but which are not.

As well as our legal representatives, Shean Dickson Merrick, we have a high degree of in-house advice with which to assist members.

The Federation Chairman, John Davidson, has continually

called for clubs to support those suppliers with which we are associated, requesting that accounts be opened and that members benefit from the offers available to them. It is these suppliers who assure the future of the Federation and the work it carries out on your behalf.

The annual membership fee has remained unchanged since the foundation of the Federation and be assured, will only increase as a last resort, but we can only do that with your help.



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## Selling or downsizing your club?

Due to the current economic climate you may be considering selling or downsizing your club premises.

You should bear in mind that this disposal may be subject to Corporation Tax on any gains (Capital Gains Tax) arising. The amount of Capital Gains Tax due depends on the facts relevant to each individual club.

Illustrated are two examples which we hope will briefly explain how the Capital Gains computation is calculated.

If your property was bought before 31st March 1982 the original cost of purchase is replaced with the market value at 31st March 1982.

The calculation, as you can see, is calculated the same except the cost of purchase is replaced with the value at 31st March 1982.

If the value at 31st March 1982 has been incorrectly valued, HM Revenue & Customs will amend the calculation and this will result in interest and penalties being charged.

Remember if the premises have been sold and you are winding up the club the assets should be distributed in accordance with Northern Ireland legislation and the club's constitution.

You should not act upon any information contained in any article without seeking further advice relating to the

### Example 1 - Property bought AFTER 31st March 1982

01/09/2010 Sale proceeds			400,000
01/04/1985 Premises purchased	100,000		
01/02/1990 Alterations to premises	10,000		
30/06/2000 Alterations to premises	40,000		150,000
			250,000
Indexation Allowance			
100,000 x	1.377	137,700	
10,000 x	0.874	8,740	
40,000 x	0.317	12,680	159,120
			Assessable to Corporation Tax 90,880
			Corporation Tax Due at 21% 19,085

**If the indexation allowance creates a loss then the loss is reduced to NIL.**

Indexation Allowance is an allowance which adjusts the gain for the effects of inflation over the period the asset was owned.

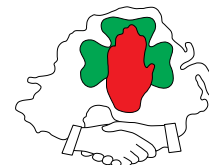
circumstances of your own club.

*Whilst every care has been taken to ensure the accuracy of the content of this report, no responsibility for loss occasioned to any person acting or refraining from action as a result of the material in this report can be accepted by the N.I.F.C.*

Should you wish to discuss any of the issues disclosed within this article further, contact:

Lawrence Shearer  
Accountant to the NIFC  
O'Hara Shearer Chartered  
Accountants T: 028 9030 9550

*The illustrations shown refer to the year 2010 and the applicable tax legislation.*



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### Example 2 - Property bought BEFORE 31st March 1982

01/04/1975 Property purchased	40,000		
31/03/1982 Valuation	100,000		
30/09/2010 Sale proceeds			400,000
31/03/1982 Premises valued at 31st March 1982	100,000		
01/02/1990 Alterations to premises	10,000		
30/06/2000 Alterations to premises	40,000		150,000
			250,000
Indexation Allowance			
100,000 x	1.836	183,600	
10,000 x	0.874	8,740	
40,000 x	0.317	12,680	205,020
			Assessable to Corporation Tax 44,980
			Corporation Tax Due at 21% 9,446

A formal valuation of the property must be obtained from an independent professional valuer. You should bear in mind that this value may be subject to challenge by HM Revenue & Customs so it is very important that the figure is accurate.

# Equal pay law to be beefed up

Committees are reminded that it is illegal to pay different rates to men and women for the same work if your club employs ten or more people.

New legislation, which the Government hope to introduce next year, will allow employees to take you to an Employment Tribunal, where the club could be fined up to £5,000 - repeatedly if necessary.

The battle for equal pay goes back more than 100 years and even now the gap between pay rates is estimated at between 10-20%.

- 1906: The National Federation of Women's Workers was formed by Mary Macarthur in an attempt to

organise and unionise women workers in Britain.

- 1914-1918: The First World War meant that women were brought into the workforce in large numbers to fill the jobs vacated by men.
- 1956: British legal reforms say that women teachers and civil servants should receive equal pay.
- 1968: Female workers at the Ford plant in Dagenham went on strike demanding equal pay. They successfully argued that their work as machinists was equal to the highly skilled production jobs done by men. Their case was brought to the attention of the Secretary of State for Employment, Barbara Castle, and led directly to the 1970 Equal Pay Act.

- 1976: The Equal Opportunities Commission, now the Equality & Human Rights Commission, set up to enforce the 1975 Sex Discrimination Act and the Equal Pay Act. The Commission campaigns on all gender-related issues in the UK.
- 2010: Equality Act passed.
- 2011: Government consulted on modern workplaces.
- 2013: The Enterprise and Regulatory Reform Act which contains the legislative framework for regulations relating to equal pay audits planned for 2014.

The Government response to the 2011 workplace consultation confirmed its commitment to proceeding with legislation to order an employer to conduct

an equal pay audit, if it has discriminated on the ground of sex in contractual or non-contractual pay. A second consultation took place this year and the Government hopes the legislation will come into force next year. It is expected to require Employment Tribunals to order an equal pay audit where the employer has breached the equal pay provisions under the Equality Act 2010.

Under the legislation, Employment Tribunals will have the power to impose, repeatedly if necessary, a civil penalty of up to £5,000 for non-compliance with 'an equal pay order. Small businesses - defined as having fewer than 10 employees - and start-up businesses will initially be exempt from the proposals.

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## The important role of sub-committees

### An important role to play

For larger clubs, sub-committees are essential, and for smaller clubs they can be extremely valuable.

The rules do not have to specify which sub-committees shall be appointed. It is usually sufficient for the general committee to be given the power to appoint such sub-committees as they deem necessary to assist them in their overall task of managing the club's affairs. Two sub-committees generally set up by clubs are a Finance sub-committee and a Bar sub-committee. Others may include an Entertainment sub-committee and a Games sub-committee.

Sub-committees are either appointed or elected and they perform specific and specialised tasks. Their membership does not have to be composed entirely of persons elected from the club committee.

Also, any sub-committee concerned with the purchase or supply of intoxicating liquor on the club's behalf, must consist of members duly elected by the club committee.

There are numerous opportunities in a club for the use of sub-committees where appointment and co-option may be used to employ the services of a wide range of members. Sub-committees provide the

opportunity to bring in all the best talent available to make the conduct of affairs successful and improve the events and amenities of the club. A member who is an accountant may plead that he does not have the time to participate in all the functions of the general committee, though he can be an invaluable member of a Finance sub-committee.

Members with experience in leisure industries will be attractive as recruits to an Entertainment sub-committee. Co-option to sub-committees also provides the chance for younger club members to learn management procedure.

Sub-committees can elect their own officers and adopt their own procedures however ultimately they are always responsible to the general committee. They are not usually entitled to make decisions affecting the club without the approval of the general committee. This is especially true where the sub-committee makes proposals involving the use of club funds. For example, the Entertainment or Social sub-committee could be charged with running the annual dinner or a monthly dance.

As such it should either obtain an estimated cost for approval by the general committee, or that committee must specify a maximum sum within which the sub-committee plans its expenditure. If the sub-committee finds it cannot contain spending within the limit laid down, it must report back to the general committee giving its reasons and asking for

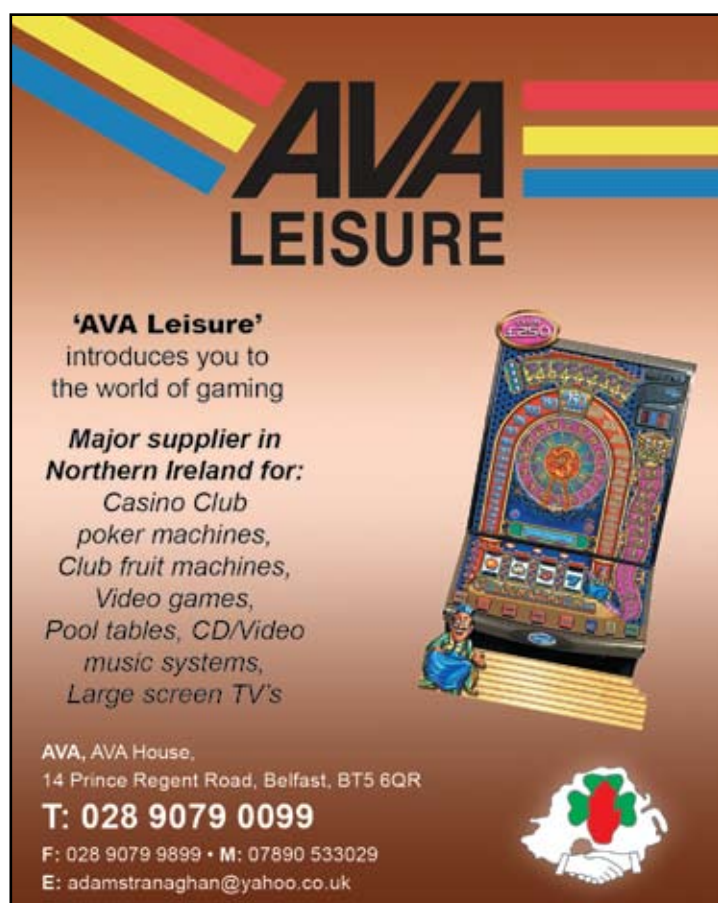
the limit to be raised.

The mechanics may not be the same in each club but the principle to be observed is that sub-committees must have the approval of the general committee for what they wish to do. There is a danger that members of sub-committees will believe they have a special remit of the authority of the general committee. This view must be resisted. Serious financial consequences might follow if the general committee does not have the last word in managing the club within the powers given them by the rules.

Nevertheless, members of sub-committees are not puppets. It might be difficult to find people to serve on them if they were asked to regard themselves in this way. All who serve on sub-committees should be aware not only of their powers, but also where the boundaries of those powers fall.

Sub-committees are of tremendous importance to the well-being of the club. If they are to function well, sub-committee members should be familiar with the requirements of the club's rules and the laws relating to the conduct of Private Members' Clubs, just as much as the officers and general committee.

An Entertainment sub-committee, for instance, must be conversant with the conditions applicable to the promotion of bingo and lotteries, and to the limitations on serving drink at social functions.



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# Liability for lost or stolen property

The problem of a member's lost or stolen property is one which is, unfortunately, experienced by most clubs at some time.

The advice given depends on the actual circumstances of each individual case. However, whatever circumstances are involved, the question of bailment applies. Bailment is the delivery of goods by one person, called the bailor, to another person, called the bailee.

Bailment is defined as: 'a delivery of personal chattels in trust on a contract, express or implied, that the trust shall be duly executed and the chattels redelivered in either their original or an altered form, as soon as the time, or use for, or condition on which they were bailed, shall have elapsed or been performed.'

In most cases, members simply leave their personal belongings in the club and return to find them missing. If however, a club is to attract any liability for the lost or stolen property of a member or guest, then it would be as a gratuitous bailee,

and for this purpose the person claiming a loss would have to show that there had been an actual delivery and acceptance of their property by the club, before there could be any obligation on the club as bailee.

The important factor would be that the club actually accepted the property and became, in some degree, responsible for it whilst it remained on the club premises. Therefore, for example, if a club merely provides the facilities of a coat rack and there is no employee of the club who takes proper custody of garments left there, then a person who loses property would be unable to sustain a good claim against the club for the loss.

During the nineteenth century, a case involving the subject of this article was heard. In this case, a man entered a restaurant to dine and, without being asked, a waiter helped him to take off his coat and hung it on a hook behind him whilst he was dining. The man got up to find that the coat had been stolen. The fact that the waiter took the coat is strong evidence



that the restaurant became a bailee of the coat, and the man was successful in his claim.

There are, obviously, a number of distinguishing features between this reported case and the example of the club providing a coat rack. Clubs are well advised to post a notice

in the club indicating that the club accepts no responsibility for the loss of property and any member or any other persons on the Club premises. A suitable notice would read: "The club accepts no responsibility for loss or damage to personal property, however sustained, on the premises of the club."

## Middle-aged men at risk'

A charity is calling for more to be done to tackle the growing problem of suicide among middle-aged men in NI.

According to research released by the Samaritans, men find it harder to deal with issues such as unemployment and relationship breakdowns than women do. It also revealed that men from deprived backgrounds are 10 times more likely to take their own lives than those living in more affluent areas.

Paul Wilson from the Samaritans charity said there was more work to be done.

"We need to think how we can tailor the services that are already available to be more appealing to men," he said.

"One of the report's findings is men in middle age are least likely to seek help in the first place and when they do, it's normally at the point of crisis."


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## All change for cash machine deployer

A leading independent deployer of ATMs in Northern Ireland, Infocash, has recently rebranded to DC Payments. We find out why and what this might mean to our members.

DC Payments UK Ltd is now officially the new name for InfoCash. The name change follows the acquisition of InfoCash by DirectCash – the second largest independent deployer of ATMs in the world. Listed on the Toronto stock exchange, DC Payments has 19,500 cash machines in the UK, North America, Canada, Mexico, New Zealand and Australia.

As David Collings, Sales Director at DC Payments UK explains, “Being part of a global organization is great news for us

– and for our customers too! It further strengthens our position within the UK ATM market, whilst significantly extending our resources and bringing us new opportunities as part of a worldwide brand.”

You may notice the new name, logo and corporate colours being used. All new cash machines are being shipped with the new DCATM livery. DCATM is a sub-brand of DC Payments and all ATMs will eventually have this brand image.

Other than the change of name, it's business as usual as far as DC Payments are concerned: customer contracts, commission and support structures all remain the same. Same people, same service, same contract – just a different name!



# DCPayments

## Shingles vaccination programme for over 70s

The Public Health Agency (PHA) has launched a new routine shingles vaccination programme for all people aged 70 and a catch-up programme for people aged 79 years old to help protect against the common and painful skin disease.

Dr Maureen McCartney, Consultant in Health Protection at the PHA, said, “Shingles is caused by the same virus that causes chicken pox. After recovery from chicken pox, some of the virus remains inactive in the body and nervous system. It can then reactivate later in life when your immune system is weakened. Around 25% of adults will get shingles at some point in their life. For most people shingles

can be a mild infection with good recovery but it can be very painful and uncomfortable and tends to affect people more commonly as they get older. The older people are, the worse it can be, with some left with pain lasting for years after the initial rash has healed.

“It is estimated that the vaccination programme will prevent nearly 40% of the hundreds of cases seen every year in Northern Ireland in people over 70 and reduce the severity of the symptoms for those who do develop the condition.”

### Who gets the vaccine

Eligibility for the vaccine is determined by a person's age on 1st September. The vaccine will

be offered routinely to people aged 70 years on the 01/09/2013. (This year that will be those born between 02/09/1942 and 01/09/1943, inclusive) and as part of a catch-up programme those aged 79 years on the 01/09/2013 (i.e. born between 02/09/1933 and 01/09/1934, inclusive).

The shingles vaccine is given as a single injection in the upper arm and unlike the flu vaccine, you only need to have it once.

Dr McCartney continued, “Side-effects are usually quite mild and don't last long. The most common side-effects include headache, and/or pain and swelling at the site of the injection. The vaccine has been used extensively in several

countries including America and Canada. We can therefore be confident in knowing that it is a safe and effective vaccine.

“If you are eligible you will receive the vaccination at your local GP surgery over the next few months. People who have lowered immunity must not receive the shingles vaccine, such as anyone who is on chemotherapy or has leukaemia or lymphoma. Other medicines can also lower immunity, eg. high doses of oral steroids and some drugs used for rheumatoid arthritis, psoriasis, polymyositis, sarcoidosis, and inflammatory bowel disease. Check with your GP if you are on any treatment, especially if it is prescribed to you at a hospital.”

# Questions & Answers

**Q.** A question has been raised regarding what would happen if the quorum at a Special General Meeting falls below 30 members prior to the meeting being completed. The rules state that 'at a Special General Meeting one fifth of the members or 30 members, whichever is the less, shall form a quorum. No want of a quorum occurring after the Presiding Officer has opened the meeting shall make a meeting incompetent to transact business'. Does this mean if the meeting has a quorum at the start then it does not matter if people leave during the meeting?

**A.** Yes. As long as one fifth of the members or 30 members, whichever is the less, are in attendance at the start of the meeting then the meeting can continue and can transact business even if during the meeting the quorum falls below those levels.

**Q.** We have occasionally had problems with member's guests who have to be asked to leave the club. Could you let us know what action should be taken in the event that such a person refuses to leave the club?

**A.** If they are a guest of a member then that member is responsible for their conduct and should assist the committee

or bar staff in ensuring that their guest leaves the club if so requested. I would suggest that if any person inside the club refuses to leave once they have been asked, that the Police are then called to remove them from the club. It is not advisable for any employee or member of the club to engage physically with a person who is causing problems, in such circumstances the Police should always be called.

Should a member's guest be asked to leave then the committee has the discretion to prevent them from entering the club in the future. In extreme cases, the committee may also take disciplinary action against the member who signed them in.

I understand that the committee does not wish to involve the Police more than necessary, hopefully by taking a strict approach to such incidences it will reduce the frequency of them and also mean that when asked to leave, that the person in question does so immediately and without need for the Police to be called.

**Q.** Our committee have recently had to invite a member to a disciplinary meeting after some poor behaviour. We are a small club and don't often have to officially deal with such problems, could you let us know how we should conduct a disciplinary procedure?

**A.** You cannot expel or suspend a member from the club without first inviting them to a committee meeting. A suspension or permanent expulsion can only take place once a disciplinary meeting has been held. You can also only suspend a member for a maximum of twelve months.

If the committee are of the opinion that this individual's behaviour has either broken specific club rules/bye-laws or could be judged to be prejudicial to the interests of the club then they can summon this member to appear before the committee. The committee should inform them of the allegations that have been made against when asking them to attend the disciplinary meeting. The committee can also instruct this member to withdraw from the facilities of membership until he appears before the disciplinary meeting. It is normal that once the withdrawal takes place that a disciplinary meeting is held within two months and that at least seven days' notice of the meeting must be given to the member, in accordance with the

club's rules. If this is how the committee wishes to proceed, you should write to the member and inform them that due to their conduct he has been requested to appear in front of the committee. You should also include the precise details of the complaint and alleged conduct which has forced the committee to summon the member to them. You should then hold the disciplinary meeting and, after reviewing any points this member has to make in their defence, the committee should decide if their conduct requires a suspension of membership up to one year in length, permanent expulsion from the club or no action taken.

*For help on these, or any other club issues, please feel free to call the helplines (pg2).*

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## Get up and go this winter



With the clocks recently going back one hour, the Public Health Agency (PHA) is urging people to spring forward and get active in order to keep well over the winter months.

Colette Brolly, Health and Social Wellbeing Improvement Manager with the PHA, said, "In the dark nights, it is easy to get into the habit of spending our spare time being inactive, but making small changes and increasing activity can help lift your mood over the winter months.

"Physical activity is very important to our health and wellbeing. It is recommended that adults have at least 2 hours and 30 minutes of moderate activity each week. Ideally

adults should be physically active every day and sessions of physical activity should be at least 10 minutes or more. Children should have at least 60 minutes of moderate to vigorous activity each day. Any physical activity however is better than none.

"Being physically active can help improve mental health by lifting mood, reducing anxiety and helping to protect against depression. Being physically active helps maintain a healthy weight and can reduce the risk of many diseases including heart disease, Type 2 diabetes, breast cancer, and colon cancer.

"The drop in temperature during the winter can make it all too easy to spend our

spare time being inactive, whether it is watching TV or playing computer games.

"Introducing small changes to increase our levels of physical activity will make big differences to health and wellbeing."

Being active doesn't have to be expensive and you can incorporate physical activity into your day through walking, dancing or playing with the kids.

Leisure centres have facilities such as swimming pools, tennis, badminton and football courts which are a great way to get active as a family.

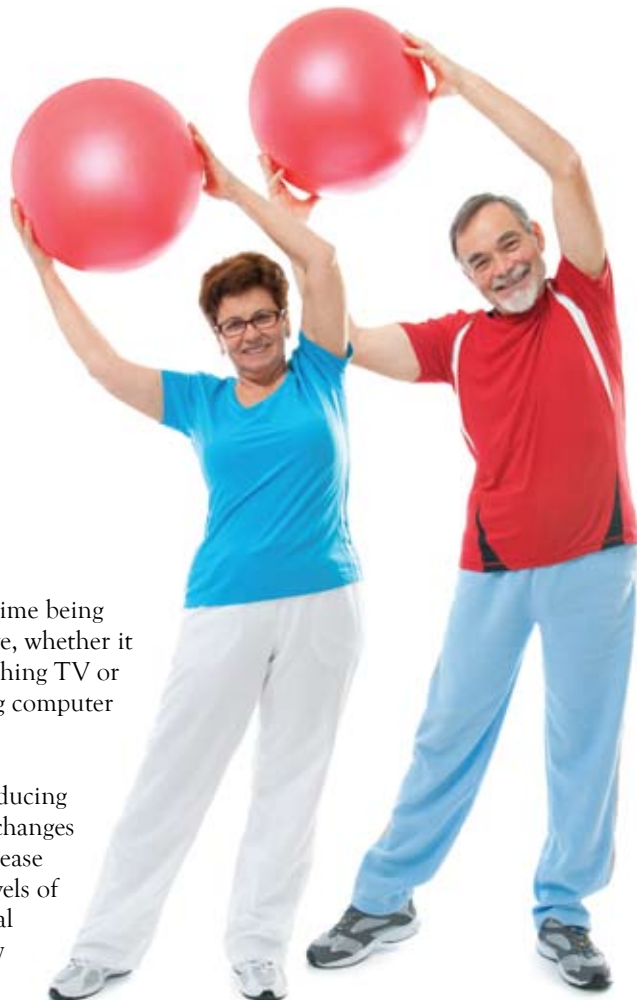
Colette Brolly continued, "If you are taking part in physical activity outside in the dark nights, it is important to stay safe. Remember to wear light coloured clothes or a

high-visibility vest or jacket if possible."

Here are some other small changes that you can make to your daily routine to help lift your mood over the winter:

- talking to people and letting them know how you're feeling so they can help and support you
- eating a well-balanced healthy diet
- making your environment as bright and light as possible.

For further information on getting active visit [www.getalifegetactive.com](http://www.getalifegetactive.com) and [www.choosetolivebetter.com](http://www.choosetolivebetter.com)



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# Get lung cancer aware for November

Lung cancer is one of the most common cancers among both men and women in Northern Ireland, with around 900 new cases diagnosed each year.

Gerry Bleakney, Strategic Leader for Tobacco Control with the Public Health Agency (PHA), said, "Smoking cigarettes is the single biggest risk factor for lung cancer and is responsible for around 90% of all cases. If you smoke just one cigarette a day, you are three times more likely to get lung cancer than a non-smoker. Using other types of tobacco products such as cigars, pipe tobacco and chewing tobacco can also increase your risk of developing lung cancer."

The PHA is encouraging all smokers, who are thinking

about quitting, to use Lung Cancer Awareness Month (1-30 November) as an opportunity to make a quit attempt and reduce their chances of developing lung cancer. However long you have been smoking, it is always worth quitting. Every year that you do not smoke, your risk of getting serious illnesses such as lung cancer will start to decrease. After 10 years of not smoking, your chances of developing lung cancer fall to half that of a smoker.

Gerry explained, "Smokers should be aware of the symptoms of lung cancer and if they are experiencing any of these symptoms, they need to see their GP urgently. Early diagnosis and being aware of the signs are crucial to saving lives.

## Symptoms may include:

- a persistent cough
- a sudden change in a cough that you have had for a long time
- unexplained weight loss
- breathlessness
- chest pain – this is usually intermittent (stop-start) and is often made worse when breathing or coughing
- coughing up blood-stained phlegm.

"Quitting is the single most important thing you can do for your health and if you stop for 28 days or more, you are five times more likely to stop for good. However, it is not easy and different approaches will work for different people. While some people might be able to do it with very little support,

others find that planning ahead and making use of the Stop Smoking Support Services that are available can really help them make the decision permanent.

"If you quit and then relapse, accept it, work out why it happened, and focus on how you can avoid it in the future. It takes several efforts for many people to quit for good, but if you are determined, you will do it. Last year thousands of people decided to stop using the PHA's Stop Smoking Services and many others did so, on their own. 'Be prepared' is the motto for success," Gerry concluded.

For more information visit [www.want2stop.info](http://www.want2stop.info) and order a free 'Quit Kit' or call the Smokers' Helpline on 0808 812 8008.



## A Fresh New World of Wine from United Wine Merchants

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Remember 2 out of 3  
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of total Spirits sales at  
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NORTHERN IRELAND



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switch retailers if their  
brand of choice is not  
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\*Source: AC Nielsen NI THT Oct – Dec 2012 v's full year

\*\*Source: AC Nielsen NI THT data Oct – Dec 2012

\*\*\*Source: ECR Ireland 2012

**Drink Responsibly. [drinkaware.co.uk](http://drinkaware.co.uk)  
for the facts**

The Guinness, Harp and Smithwick's words and associated logos are trade marks. © Diageo Ireland 2013.

## Get a grip guys - Have a health check and take part in 'Grow Mo'



It's a fact that men have an increased risk of cancer, yet can ignore health symptoms for up to 2 years before going to a GP. Of 250 men who recently had an MOT health check with Action Cancer, 60% were referred to their GP for high cholesterol and 54% for high blood pressure.

Action Cancer is committed to 'growing' awareness of men's health and male specific cancers through our 'Action Man Campaign' and 'Grow Mo' fundraiser.

We're encouraging you to do two things:

1. Take part in our sponsored fundraiser - 'Grow Mo' -

simply 'grow more facial hair' for one month and raise sponsorship. Do it through your workplace, sports club, as an individual or with friends and family! Let us know your taking part and we can send you a fundraising pack.

Simply email [kanderson@actioncancer.org](mailto:kanderson@actioncancer.org) or call the fundraising team on 9080 3344.



Action Cancer volunteer, Donna McConnell, eagerly watches Seán Lavelor from Lisburn Road's The Cambridge Barber Shop with his barber's blade at the ready - in a few weeks time lots of men will need a shave having grown facial hair for Action Cancer's Grow Mo campaign for the month of November/December. Whatever your club, workplace or family can raise is much appreciated.

2. Sign up for a free MOT on our Big Bus mobile unit or at our men's health check centre in Action Cancer House in Belfast on Monday evenings. **IT'S FREE!**

Call 9080 3344 or book on-line at [www.actioncancer.org](http://www.actioncancer.org)

**THANKS SO MUCH FOR YOUR SUPPORT**

### Expanded Facial Hair Types



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# H&W Welders F.S.C. & Meadowbank S.R.C. raise vital funds for local charities

Top right: Lisa McGrogan receives a cheque for £500, on behalf of Macmillan Cancer Support, from Sylvia Pavis and Tony Jones at the Harland & Wolff Welders FSC on their charity Sunday Awards Day held in October.



Bottom right: Also raising much needed funds in October was Meadowbank Social and Recreational Club, Donaghadee. The club this year have raised a fantastic £3,000, donated to the Patients Amenity Foundation in Newcastle. The club selected this charity after one of their members, Jim (China) Moore, needed a lung transplant which was carried out on 20th October. The club also donated £500 to Ovarian Cancer, £500 to Not the Forgotten Association and £500 to the Northern Ireland Cancer Fund for Children.



Well done to both the H&W Welders FSC and Meadowbank Social & Recreational Club on a fantastic effort.

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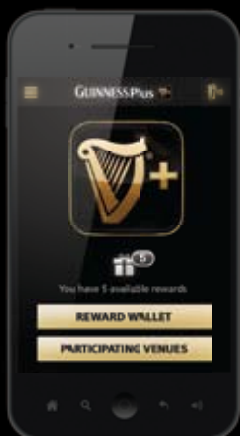


# INTRODUCING THE GUINNESSPlus APP.

## EXTRAORDINARY. ON TAP.



GUINNESSPlus



### Introducing GUINNESSPlus

GUINNESSPlus is a new smartphone app that will drive footfall, create extra occasions, and add value to the on-trade. For consumers, it offers a wealth of rewards throughout the year just for checking in at the pub with a tap of their smartphone.

Over half the population now owns a smartphone, including more than one million males on the island of Ireland. The technology has become even more accessible with pay-as-you-go options offering smartphone handsets for as little as €60 or £50.

Vouchering through smartphones has also become the norm; consumers are increasingly savvy about offers on their mobile. Plus, because their phone is always at hand and messaging is direct and personalised, **redemption rates are 10 times higher** than for traditional promotions.

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For more info and to sign up please contact your Diageo Rep or Customer Service on 0845 601 4649.

THE NEW GUINNESSPlus APP.

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# US-style cider launched in Northern Ireland outlets



Tennent's N.I has just brought a taste of American style cider to local drinkers with the on-trade launch of leading US cider brand, Hornsby's.

Offering a bold new proposition of 'cider served the American way', Hornsby's has a softer carbonation and is designed to be enjoyed chilled and straight from its stylish 330ml long neck bottle.

It has been launched with two flavours, Crisp Apple (4.5% ABV) and Strawberry & Lime (4% ABV).

Hornsby's was purchased by C&C Group in November 2011 as a fresh addition to its international cider portfolio, and this recent on-trade launch aims to open up new drinking occasions and choice in the N.I packaged cider category.

Hornsby's is a unique offering amongst flavoured ciders due to its American provenance and straight from the bottle serve. Its bold design and easy drinking style allows it to compete with other

single serve packaged LADs - including lager - at the bar, offering an alternative to an 'over ice' cider serve and also tapping into the success of flavoured ciders.

Tennent's NI Innovation & Customer Marketing Manager Paul McGurk said, "Tennent's NI enjoys market leadership in cider and we are constantly improving our offer for our customers and drinkers across NI. Hornsby's is an exciting addition to the business's portfolio."



Hornsby's will be supported with in-bar activation, premium point-of-sale materials, sampling and rate of sale initiatives, including a competition to win a VIP trip to California.

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## Älska Swedish Cider

### älska is love – love cider

McCabes are pleased to announce the launch in Northern Ireland of älska (pronounced el:ska), a deliciously refreshing natural fruit cider from Sweden. Born in Stockholm, älska is true to it's roots; stylish, confident, innovative and with attitude. It represents everything that Stockholm is admired for, a fusion of great design, style, beauty and the odd premium quality drink.

älska is a wonderful combination of traditional and innovative fruit cider varieties.

älska is available in three exciting flavours:-

**Lemon & Ginger** – the distinctive tangy and tart flavour of lemons, combined with ginger produces a really refreshing drink for any occasion. Best over ice with a wedge of fruit.

**Nordic Berry** – the smell of fresh, juicy, wild Nordic berries with subtle undertones of pear, combine wondrously in this semi-sweet cider to produce a slightly drier finish on the palate. Pour chilled straight onto ice.

**Strawberry & Lime** – the combination of zesty lime and fresh strawberries is perfect when you want a truly refreshing taste. Serve over ice with a sprig of mint.



To order älska cider or for more information, please contact your McCabes sales representative or call 028 38 333102.



## Merry Christ-Moose from WKD

WKD is putting the 'Moose' into 'Christ-Moose' this year with a typically humorous take on the festive season. They'll be giving away thousands of moose-head hats to on-trade consumers, and complementing the highly impactful promotion with a fun range of POS and festive cocktail suggestions.

Christmas is all about traditions and WKD is continuing with its very own one by again giving consumers free humorous festive hats with purchases. The brand has an enviable track-record in providing sought-after yuletide headgear for promotional purposes and the 2013 offering is set to be the season's 'moost-have' item. Complete with antlers and ears, WKD 'Christ-Moose' heads

are going to be all the rage in outlets over the festive period.

POS items to support the Christmas campaign include mobiles, posters, wobblers and signs for seasonal opening times. The festive paper POS kits will be available free to callers to the WKD POS Hotline (0800 917 3450) from 1st November.

Aside from the rate-of-sale driving activity, brand owner SHS Drinks believes that WKD cocktail pitchers are a huge opportunity for stockists around Christmas. The pitchers are extremely popular and allow consumers to experience WKD with a range of different spirits and mixers. WKD pitchers are all about socialising and sharing with friends and they are a

great way to generate incremental sales over the festive period.

SHS Drinks will be providing stockists with six new simple-to-make recipe ideas and POS materials for Christmas-themed WKD cocktail pitchers. The festive-coloured seasonal serving suggestions feature a recipe for each WKD variant with either port, a spirit or liqueur, and mixers. Topped up with ice and served in pitchers, these eye-catching cocktails are a fun way for consumers to enjoy their WKD.



# Lights, cameras, action

## Location L.A. with Budweiser



It's the ultimate in aspiration: the chance to enjoy the movie star lifestyle in the glamorous setting of Los Angeles.

This year's much-anticipated 'Grab Some Buds' on-trade campaign from Budweiser offers consumers the chance to win a trip to the City of Angels, and to bring two of their friends along for the ride!

The promotion, just launched by Tennent's NI, reinforces the global brand's iconic American heritage and, as it rolls out across Northern Ireland, the chance to visit L.A. is clearly hitting the mark with key target audiences.

Budweiser's promotional team will be out and about in participating outlets engaging with consumers until early December with an engaging 'Grab Some Buds' app game played on tablet or (for maximum impact) a 40" touch screen. Everyone who has a go has the chance to win an instant bottle of Budweiser as well as entering the online draw to win that amazing trip for three to L.A.

Even if they don't catch up with the Bud team, consumers can still win. Every time they buy a bottle of Bud they'll receive a game card with the opportunity for an instant win of a Budweiser bottle opener plus details on how to enter the online draw for the LA prize.

"Our annual 'Grab Some Buds' campaign has earned its own celebrity status," says Sarah Shimmons, Beer Brand



Sarah Shimmons, Beer Brand Manager for Tennent's NI, launches this year's 'Grab Some Buds' on-trade campaign offering consumers the chance to win a trip to glamorous Los Angeles and enjoy the movie star lifestyle.

Manager for Tennent's NI. "It's one of our most hotly anticipated promotions and really drives up interest, brand salience and sales. Consumers really connect with Budweiser's authentic American roots and this latest 'Grab Some Buds' promotion offers them the enticing chance to win a dream trip to enjoy Bud in the aspirational setting of Los Angeles.

"The prize trip for three is an amazing package including return flights, 4-star accommodation for 4 nights in downtown L.A., £250 spending money, tickets to see either the L.A. Lakers or Dodgers in action and the chance to enjoy all that Hollywood offers!"

To stay up-to-date about when

and where Budweiser's 'Grab Some Buds' promotion is

taking place, keep an eye on [facebook.com/BudweiserNI](https://facebook.com/BudweiserNI)

# GRAB SOME BUDS



## N.I. Football Writers' Awards



(L-R) Linfield Chairman, Jim Kerr, receives the September Manager Award, on behalf of David Jeffrey, from BT's Paul Lavery and NIFWA Chairman, Paul Ferguson..



Portadown striker Gary Twigg receives the BT Sport September Player of the Month Award from Paul Lavery, BT, and NIFWA, Chairman, Paul Ferguson.

Linfield Manager, David Jeffrey, is the BT Sport NIFWA Manager of the Month for September. Incredibly, it is the 31st time Jeffrey has been awarded the honour, although it's his first since February 2012.

In September Linfield had a 100% record, with Jeffrey managing the Blues to wins over Warrenpoint Town, Ards, Ballymena United, Ballinamallard United and Coleraine.

Linfield Chairman Jim Kerr, who collected the Belleek trophy on Jeffrey's behalf, praised his club's manager.

On receiving the award Jim said, "We got off to a slow start in the league after performing well in Europe, so it's great to see us winning matches again."

As the manager would say himself, we're not the finished article but we've been excellent in September and hopefully we can keep that good run of form going.

"I know David is disappointed not to be here, as this award means an awful lot to him – I've no doubt he will be telling the players all about it at training."

A BT Sport Spokesperson said, "By their own high standards Linfield had a disappointing start to the season, but David has galvanised his players and team during the month of September. David fully deserves to be named this month's winner."



### Our lucky winners are off to Drumbo

Congratulations go to the winners of our Caledonia Smooth Punters' Packs competition featured in Issue 6.

The lucky winners will enjoy a fabulous evening at the Drumbo Park Greyhound Stadium, watching the best dogs in Ireland and beyond, competing to win the Caledonia Smooth Gold Cup in November.

#### The lucky winners are:

Nicola Kelly  
Bangor  
  
Michelle Parkhill  
Ballymoney  
  
David Skelton  
Lisburn  
  
Joe Hughes  
Portadown  
  
Francis McKee  
Newtownabbey



# UGAAWA Monthly Merit Awards

It was left to Cavan ladies to provide Ulster with a September All-Ireland Football title this year, and the Breffni Blues duly obliged with an exciting win over Tipperary in the Intermediate final, at Croke Park.

None contributed more to the famous victory than full-forward Bronagh Sheridan who led from the front and notched 14 of her team's winning total. Cavan had a slow start to the decider and it was the Drumlane girl who lit the spark with a couple of points to peg back Tipperary and lift the Ulster side into a positive patch of play.

She also hit home a vital goal from the penalty spot that really set her team on the way and, in fact, any time Tipp threatened to take over it was teacher Sheridan (25) who taught the Munster side a few lessons.

However, Bronagh didn't hang around too long to celebrate the victory as she headed off to the USA a few days later to see out 2013. That was before she was selected as the Ulster GAA Writers' Monthly Merit Award winner for September but, of course, the good news was quickly transmitted to her across the Atlantic.

"She is thrilled with this award and she regrets very much not being at the presentation to personally accept it. She timed her departure to America at the wrong time," said her mother Brigid when accepting the award on Bronagh's behalf, at a function in Quinn's Corner, Ballygawley

The Cavan cailin has already a fair collection of medals as she was a member of the Cavan team that won National League Div. 3 titles in 2008 and 2010 and she won an All-Ireland Intermediate Award with Parnell's in London. She also won a Cavan Junior Championship honour with Drumlane and an O'Connor Cup medal – the ladies' equivalent of the Sigerson Cup – with DCU.

Bronagh beat off the challenge of Monaghan senior player Caoimhe Mohan and Tyrone minor Frank Burns for the award and she receives an engraved Belleek Living vase, specially designed jewellery from Omeath's Garrett Mallon, training gear from O'Neill's International Sports, an UGAAWA sports voucher and two tickets to the UGAAWA 26th annual banquet at the Great Northern Hotel, Bundoran, on Nov 15.



Brigid and JP Sheridan with daughter Bronagh's Merit Award.

Picture by Paedgar McMahon

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# 1990

## Gazza's tears grip a nation

*Gascoigne struggles to hold the tears back when the realisation of potentially missing a World Cup final hits home.*



Paul Gascoigne was the new, refreshing face in the England team at Italia '90. Already known inside the football world for his crazy pranks, 'Gazza' had been branded 'daft as a brush' by his own international manager, Bobby Robson. But Gascoigne looked anything but stupid as his dazzling skills and bubbly presence helped England to negotiate tough knockout ties against Belgium in Bologna and Cameroon in Naples on the way to a World Cup semi-final against Germany in Turin.

The problem was that he had picked up a yellow card on that path to the last four, and one more caution would prevent him from playing in the World Cup final should England win through.

In a tense match against the Germans, Gary Lineker had put England back in the hunt after Franz Beckenbauer's side had drawn first blood. With the match in the balance, a careless tackle earned Gazza that dreaded yellow card, and he suddenly realized the consequences. The tears poured down his cheeks and for a moment he looked too distraught to carry on. Gary Lineker asked his manager to 'have a word'. To his credit, Gascoigne pulled himself together for the sake of his team, and England were only denied in a cruel penalty shoot-out.

As the disappointed Georgie returned home, he could not have imagined that his tears had propelled him to superstardom. Even people who did not like football loved Gazza for the little-boy-lost way he had worn his heart on his sleeve. Life would never be the same again for Paul Gascoigne.

## Triple century for Gooch

Graham Gooch's monumental innings of 333 at Lord's in 1990 understandably dominated the headlines, as England crushed India in the opening Test of the series.



The long, hot summer had

*Gooch lofts another one to the boundary on the way to a magnificent 333 at Lord's.*

baked English pitches dry and Gooch had no hesitation in choosing to bat against an Indian bowling attack containing an ageing Kapil Dev, but little else in the way of threat.

Gooch batted for more than 10 hours, facing 485 balls and hitting 43 fours and three sixes, as England posted a mammoth first-innings total of 653 for four. Only Len Hutton and Wally Hammond have made higher individual scores for England in a Test.

India's response saw an audacious hundred from skipper Mohammad Azharuddin, but they looked dead and buried at 430 for nine on the fourth morning. Kapil had other ideas, and proceeded to smash Eddie Hemmings for four sixes in four balls to save the fallow-on in the most audacious way imaginable.

Gooch was at it again in the second innings, scoring 123 to take the record for the highest individual batting aggregate in a single Test. India batted manfully in their fourth innings, but thanks to an inspired spell from Angus Fraser, England claimed a famous win. The final wicket saw a run-out from a direct hit - by that man Gooch.

## Also this year...

**Darts** - Phil 'The Power' Taylor won his first world title as a pre-tournament 125-1 outsider. He destroyed world number 1, Eric Bristow, 6-1 in the final.

**Golf** - Nick Faldo successfully defended his US Masters title. He came from behind to get into a play-off with Ray Floyd, winning at the second hole, after Floyd pulled his approach shot into a pond left of the green.

**Rugby Union** - Scotland defeated England 13-7 winning the Calcutta Cup and a Grand Slam 5 Nations Championship in the process.

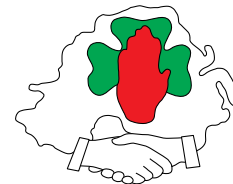
# The Federation Invite New Members to Join

By joining the N.I. Federation of Clubs you will benefit from support by way of advice on a host of matters related to the day-to-day running of a club, such as those related to employment, the 1996 Clubs Order and Accountancy Regulations and rates relief to mention but a few.

Our helplines have proved most beneficial to members and are as follows:

07889 800329 - 07889 800331 - 07889 800325 & 07889 681714

## N.I. Federation of Clubs Membership Application Form



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Telephone No: .....

Fax No: .....

### Club Officers

Chairman: .....

Tel: .....

Secretary: .....

Tel: .....

Treasurer: .....

Tel: .....

The annual membership fee is £50.00 payable to:

### The Northern Ireland Federation of Clubs

c/o Mr Bob McGlone, Secretary  
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For telephone queries call:  
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*(Please include your membership fee or completed standing order form with your application)*

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Seconded by: ..... Chairman

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